

YOUR SUCCESS – WITH RIGHT MINDSET

People have different attitudes towards success and failure. Some of them consider success as doing the best in learning and win the game because they are talented. On the other hand, failure seems as a wake-up call or something that causes you to doubt your natural talent.

What is Growth Mindset?

According to Dr. Carol Dweck, there are two basic mindsets: fixed and growth.

In Growth Mindset, people believe that most of the **basic abilities can be developed** through dedication and hard work.

People with growth mindset (relative to fixed mindset) can **perform better and achieve higher outcomes.**

The below is the video and table to illustrate on a Fixed Mindset and Growth Mindset individuals.

<https://www.edindings.com/wp-content/uploads/2021/08/Growth-Mindset-vs.-Fixed-Mindset.mp4>

Growth vs Fixed Mindset

| No. | Dimension | Growth Mindset | Fixed Mindset |
|-----|-----------|----------------|---------------|
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| 1. | Learning From Others | <ul style="list-style-type: none"> • Potential can be harnessed via learning. | <ul style="list-style-type: none"> • Talent is predetermined, cannot be developed easily. |
| 2. | Seeing Failure | <ul style="list-style-type: none"> • An opportunity to succeed. • “Never give up” attitude. • Powerful learning mechanism. | <ul style="list-style-type: none"> • Tend to give up easily. |
| 3. | Approach to Learning | <ul style="list-style-type: none"> • Focus on what and how, as an opportunity to learn. | <ul style="list-style-type: none"> • Focus on why, and look for excuses. |
| 4. | Receiving Feedback | <ul style="list-style-type: none"> • Welcome feedback, to improve further, and look at it constructively. | <ul style="list-style-type: none"> • Do not take feedback constructively, view it as a personal attack. |
| 5. | Celebrating Success | <ul style="list-style-type: none"> • Celebrate success of others. | <ul style="list-style-type: none"> • See successful people as threats. |
| 6. | Coping With Challenges | <ul style="list-style-type: none"> • View it as an opportunity to grow. | <ul style="list-style-type: none"> • Do not like to be challenged. • See challenge as obstacles and attempt to lead them to failure. |

Your mindset plays a critical role in how you cope with life challenges.

With a growth mindset, anything is possible!

Contact us now for a free consultation on insurance related matters

1. Email your queries to insurance@edindings.com or

2. Call us at 012-2861817 (M), 03-21622515 (O)